

September 2019 The Shores at Clearlake Assisted Living

		BE VIBRANT. BE YOU.			The Shores at Clearlake Assisted Living	
Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
9:30	9:30 Wake Up The Shores [AR] 10:00 Gym Fit [GYM] 10:30 Sit & Be Fit [MP] 11:00 Morning Devotion [MP] 2:00 PScrabble [AR] 3:00 Puzzles & Games [AR] 4:00 Happy Hour [B] 6:00 Men's Movie Monday [MP]	9-2 Doctor Appointments 9:30 Wake Up The Shores [AR] 10:00 Gym Fit [GYM] 10:30 Sit & Be Fit [MP] 2:00 Et's Paint [AR] 2:30 Balloon Volleyball [MP] 4:00 Happy Hour [B] 6:00 Worship w Matt	9:30 Wake Up The Shores [AR] 10:00 Gym Fit [GYM] 10:00 Sit and Fit YOGA [MP] 10:30 Board Games [AR] 10:45 Worship & Fellowship [MP] 11:30 Lunch / RED RIVER BBQ 2:30 Bingo Time! [AR] 4:00 Happy Hour [B]	9-2 Doctor Appointments 9:30 Wake Up The Shores [AR] 10:00 Gym Fit [GYM] 10:30 Sit & Be Fit [MP] 1:15 BRIDGE Club 2:00 Ice Cream Social (Sundaes & Floats) [B] 4:00 Happy Hour [B] 6:30 Night Owls (Games) [DR]	9:30	9:30 Wake Up The Shores [AR] 10:00 Games, Games, Games [AR] 10:00 Gym Fit [GYM] 10:30 Sit & Be Fit [MP] 11:00 Reminiscing Trivia [AR] 2:00 Bingo Time! [AR] 3:30 Crafty FUN [AR]
9:30	9:30	9-2 Doctor Appointments 9:30 Wake Up The Shores [AR] 10:00 Gym Fit [GYM] 10:30 Sit & Be Fit [MP] 2:00 Let's Paint [AR] 2:00 Residential Council [MP] 4:00 Happy Hour [B] 6:00 Worship w Matt	9:30 Wake Up The Shores [AR] 10:00 Gym Fit [GYM] 10:00 Sit and Fit YOGA [MP] 10:30 Board Games [AR] 10:45 Worship & Fellowship [MP] 11:30 Lunch / TOOKIES 2:30 Bingo Time! [AR] 4:00 Happy Hour [B]	9-2 Doctor Appointments 9:30 Wake Up The Shores [AR] 10:00 Gym Fit [GYM] 10:30 Sit & Be Fit [MP] 1:15 BRIDGE Club 2:00 Ice Cream Social (Sundaes & Floats) [MP] 4:00 Happy Hour [B] 6:30 Night Owls (Games) [DR]	9:30	9:30
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9:30	9:30 → Wake Up The Shores [AR] 10:00 → Gym Fit [GYM] 10:30 → Sit & Be Fit [MP] 11:00 → Morning Devotion [MP] 2:00 → Scrabble [AR] 3:00 → Puzzles & Games [AR] 4:00 → Happy Hour [B] 6:00 → Men's Movie Monday [MP]	9-2 Doctor Appointments 9:30 Wake Up The Shores [AR] 10:00 Gym Fit [GYM] 10:30 Sit & Be Fit [MP] 2:00 Et's Paint [AR] 2:30 Balloon Volleyball [MP] 4:00 Happy Hour [B] 6:00 Worship w Matt	9:30 Wake Up The Shores [AR] 10:00 Gym Fit [GYM] 10:00 Sit and Fit YOGA [MP] 10:30 Board Games [AR] 10:45 Worship & Fellowship [MP] 11:30 Lunch / KELLYs 2:30 Bingo Time! [AR] 4:00 Happy Hour [B]	9-2 Doctor Appointments 9:30 Wake Up The Shores [AR] 10:00 Gym Fit [GYM] 10:30 Sit & Be Fit [MP] 1:00 Let's Go To The Movies [MP] 1:15 BRIDGE Club 3:30 New Resident Welcome Party [B] 4:00 Happy Hour [B] 6:30 Night Owls (Games) [DR]	9:30 Wake Up The Shores [AR] 10:00 Gym Fit [GYM] 10:30 Sit & Be Fit [MP] 11:00 Morning Devotion [MP] 1:00 Outing to HEB 2:00 Let's Paint [AR] 3:30 Meet Your Neighbor [MP] 4:00 Happy Hour [B]	9:30 Wake Up The Shores [AR] 10:00 Games, Games, Games [AR] 10:00 Gym Fit [GYM] 10:30 Sit & Be Fit [MP] 11:00 Reminiscing Trivia [AR] 2:00 Bingo Time! [AR] 3:30 Crafty FUN [AR]
9:30	9:30	SENIOR LIVING	19400 Space Center Boulevard Houston, TX 77058 281-823-8088	Location Keys Activity Room AR Bistro B Dining Room DR Gym GYM Multi Purpose Room MP	Be Adventurous Be Challenged Be Connected Be Family ★ Be Inspired Be Social Be Well	